

CMS Cross Country 2023

AUG 27	28	29	30	31	SEPT 1	2
		Practice: 3:00-4:30	Practice: 3:00-4:30	Practice: 3:00-4:30 Parent Mtg. 4:30-5:15	INSTITUTE DAY NO PRACTICE!	
3	4	5	6	7	8	9
	LABOR DAY NO PRACTICE!	Practice: 3:00-4:30	Practice: 3:00-4:30	Meet @ Centennial Park 4:00 pm	Practice: 3:00-4:30	
10	11	12	13	14	15	16
	Practice: 3:00-4:30	Practice: 3:00-4:30	Meet @ OJH 4:00 pm	Practice: 3:00-4:30	Practice: 3:00-4:30	
17	18	19	20	21	22	23
	Practice: 3:00-4:30	Practice: 3:00-4:30	Meet @OJH 4:30 pm	Practice: 3:00-4:30	Practice: 3:00-4:30	
24	25	26	27	28	29	30
	Practice: 3:00-4:30	Practice: 3:00-4:30	Meet @ OJH 4:00 pm	Practice: 3:00-4:30	Practice: 3:00-4:30	
OCT 1	2	3	4	5	6	7
	Conference Meet @ OJH 4:30pm	Conference Meet (Rain Date)				

*In the event of rain, practices will still be held indoors if necessary

*Please be ready to pick up your athlete **promptly** at 4:30

*The **quickest** way to reach Mr. Dexter is via e-mail at: tdexter@district146.org

MEET LOCATION INFO IS ON THE REVERSE SIDE

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